



### A WORLD OF WELLBEING AWAITS YOU

Allow our trained therapists to guide you through a journey of Wellness at The Spa at Bonanza, leaving you feeling revitalized, renewed & rejuvenated  
Mind, Body and Soul

We are dedicated to restoring beauty and balance through individual treatments and spa experiences, personalised for each of our guests. Our commitment to wellbeing focuses on all aspects of Health and Skincare Beauty. Our spa treatment menu offers an extensive variety of health and beauty enhancing treatments to ensure that our guests are nurtured, pampered and relaxed, and our Spa Additional Services, like Hair and Make Up, Barber Services and Nails will allow for a "Head to Toe" transformation.

### SPA OPERATING HOURS

08H00 - 21H00  
7 DAYS A WEEK



**THE SPA**  
AT BONANZA

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@thespaatbonanzaresort



**THE SPA**  
AT BONANZA



## MASSAGE THERAPY

### BACK MASSAGE

This Massage helps relieve tension in the Back, Shoulders and Neck

30 mins	K360
45 mins	K420
60 mins	K540
add on Hot Stones	K120

### SWEDISH MASSAGE

Induces a state of relaxation and well being

60 mins	K540
75 mins	K600
90 mins	K660

### DEEP TISSUE MASSAGE

A deep pressure massage to relieve tension and stress in the body

60 mins	K540
75 mins	K660
90 mins	K720

### HOT STONE MASSAGE

A massage stone therapy for the purpose of pain relief, relaxation and well being

60 mins	K580
75 mins	K700
90 mins	K760

Pregnancy Massage - 45 mins	K540
Revive Leg Massage - 30 mins	K420
Foot Massage - 30 mins	K300
Reflexology - 30 mins	K360

## BODY TREATMENTS

### HEART OF BONANZA

A sensorial treatment journey that begins with a full body exfoliation to cleanse and ground you. A specialized massage that releases trigger points and initiates the relaxation response follows. This treatment incorporates traditional Zambian technique known as Ukuchina with hot and cold stone compress techniques with a truly African rich balm enriched with Mafura butter and essential oil. Your journey is concluded with a classic facial treatment with restoring Kigelia Africana and a gentle lymphatic drainage facial massage with a balm enriched with mongongo oil and mango butter.

90 mins	K1200
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### ENZYME WRAP

Uplift the senses with this specialised body wrap. A gentle cranberry and pomegranate exfoliation prepares your skin for this stimulating enzyme wrap infused with a beneficial activator. This treatment will leave you feeling fresh and awakened while brightening and improving uneven skin tone.

60 mins	K900
add hydro therapy for	K100

### COFFEE AND MINT WRAP

Re-Energize with this revitalising body wrap. A coffee espresso exfoliation prepares your skin for stimulating coffee mint wrap. This treatment will leave you feeling fresh and awakened while improving circulation and revitalizing the senses.

60 mins	K900
add hydro therapy for-	K100

### BODY BUFF

An effective body exfoliation to smooth, stimulate and deeply condition the skin, while energising the senses.

30 min	K360
add hydro therapy for	K50

## FACIAL TREATMENTS

### CLASSIC EXPRESS FACIAL

A perfect express facial customised to all skin types and concerns

30 mins	K360
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### DEEP CLEANSE FACIAL

This facial is perfectly designed to treat and reduce skin imperfections, redefines pores and leaves the skin feeling fresh.

60 mins	K680
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### MOISTURE DETOX FACIAL

This facial has great antioxidant, anti-inflammatory and antibacterial properties as it contains Kigelia Africana Extract.

This facial will leave your skin feeling smooth and radiant, with the Lymph Massage helping with removal of Toxins

60 mins	K820
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### KIGELIA HYDRATION

This facial corrects the Hydration levels of the skin, deeply replenishing and restoring the skin smooth feel and radiance

60 mins	K840
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### ZUVA MORINGA FACIAL

A perfect facial for concerns of ageing, this facial contains Acemelia Oleacea which acts as a natural Botox, lifting and firming the Skin.

90 mins	K900
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add on high frequency K100

High Frequency is the perfect treatment enhancement using Oxygen and Thermal therapy to treat underlying skin imperfections

## HANDS AND FEET

### MANICURE AND POLISH

Nailcare, Scrub and Massage, Paint

45 mins	K240
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### SPA MANICURE

Nailcare, Scrub and Massage, Mask and Paint

60 mins	K300
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### PEDICURE AND POLISH

Nailcare, Scrub and Massage, Paint

60 mins	K360
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### SPA PEDICURE

Nailcare, Scrub and Massage, Mask and Paint

75 mins	K420
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Gel add on K150

Gel removal K120

File and paint K150

File and gel polish K240

Heel peel add on K240

### MENS HAND GROOMING

Nail Care, Scrub and Massage and

Nail Buff

45 mins	K200
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### MENS FOOT GROOMING

Nail Care, Scrub and Massage and

Nail Buff

45 mins	K300
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## WAXING AND TINTING

### WAXING

Bikini K180

Brazilian K300

Hollywood K360

Underarms K220

Half arm K180

Full arm K240

Half leg K220

Full leg K260

Full face K220

Sides of the face K100

Brow K100

Lip K100

Chin K80

Stomach K150

Chest K150

Back K300

### TINTING

Lash K120

Brow K120

Lash and brow K220

## SPA FACILITIES AND SERVICES

- **6 Single Treatment Rooms and two Couple Treatment Rooms** – Offering Massages, Facials, Body Treatments, Hands and Feet Treatments, Waxing and Tinting
- **Scrub Room**– this heat experience has been carefully designed with heating and cooling water therapy to enhance your Spa Experience
- **Nail Bar and Pedicure Station** – turn a manicure or pedicure into a special treat.
- **Hair Salon and Barber** – turn a treatment into a full Head to Toe Experience
- **Relaxation Area** – to relax in between and after all spa treatments with herbal teas, lounge chairs, music, books or to meditate.
- **Health Bar** – with homemade healthy snacks and fresh fruit juices.
- **Spa Health Menu** – wholesome, delicious meals conducive to a healthy lifestyle.
- **Spa Hydro Facilities**– Sauna, Steam Room and Plunge Pool offers tranquility after your Spa Journey
- **Changing Areas** – separate male and female changing areas, secure lockers, fresh towels, slippers and gowns.
- **Fitness Centre** – with a full range of cardio and resistance training, including a Juice Bar

## CANCELLATION POLICY:

The treatments you select are reserved especially for you. Please give 24 Hours' Notice prior to cancelling otherwise a 50% of the treatment fee will be charged.

## SPA ETIQUETTE:

1. Bookings in advanced is recommended.
2. Please arrive 15 Minutes prior to your booking to complete your consultation and change for your treatments.
3. Should you wish to make use of the Spa facilities, please bring a swimsuit to enjoy our Spa Hydro Facilities area and arrive 45 minutes prior to your appointment time.
4. Arriving late may make it necessary to limit time for your treatment so the next guest is not delayed.
5. Your spa environment is one of tranquillity and relaxation. Please respect all Spa guests' right to privacy and serenity.
6. All cell phones to be switched off when entering the Spa
7. Spa Guests under the age of 16 are to be accompanied by an adult
8. Prices are subject to change without notice
9. Guests who have high blood pressure, heart conditions, allergies, who are pregnant or suffer from any medical conditions, are advised to inform Spa Staff at the time of the booking, a doctor's consult may be needed.
10. Please allow our therapists to guide you in selecting which treatments are most suitable for you during this time. We recommend that you drink lots of water after your Spa treatments to help accelerate the elimination of toxins.
11. We will provide you with Spa attire including disposable Spa underwear or you may choose to wear your own.
12. We provide a secure place to store your personal items inside the Spa locker rooms however do not assume any liability for personal items and recommend you leave valuables in the safe in your hotel room or suite, or at home.
13. For hygiene reasons, products purchased may not be returned or exchanged.
14. All Treatments include a 10% Service Charge

## GIFT VOUCHER:

Spoil Someone special with a Spa Gift Voucher. Vouchers are valid for 90 days.

## SPA LOYALTY

Spa Membership:	K7500 per annum
Bonanza Golf Members pay:	K6250 per annum

Please contact: [spa@bonanzaresort.co.zm](mailto:spa@bonanzaresort.co.zm) OR +260 760 020 538  
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